



Health Self-Tracking

How Can Doctors Use Your Data?

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How do we track health?



Apps

Mood tracker, Caffeine tracker

Wearable sensors

Apple Watch, Fitbit, Jawbone
(heart rate, physical activity, sleep)



Semi-Structure Interviews

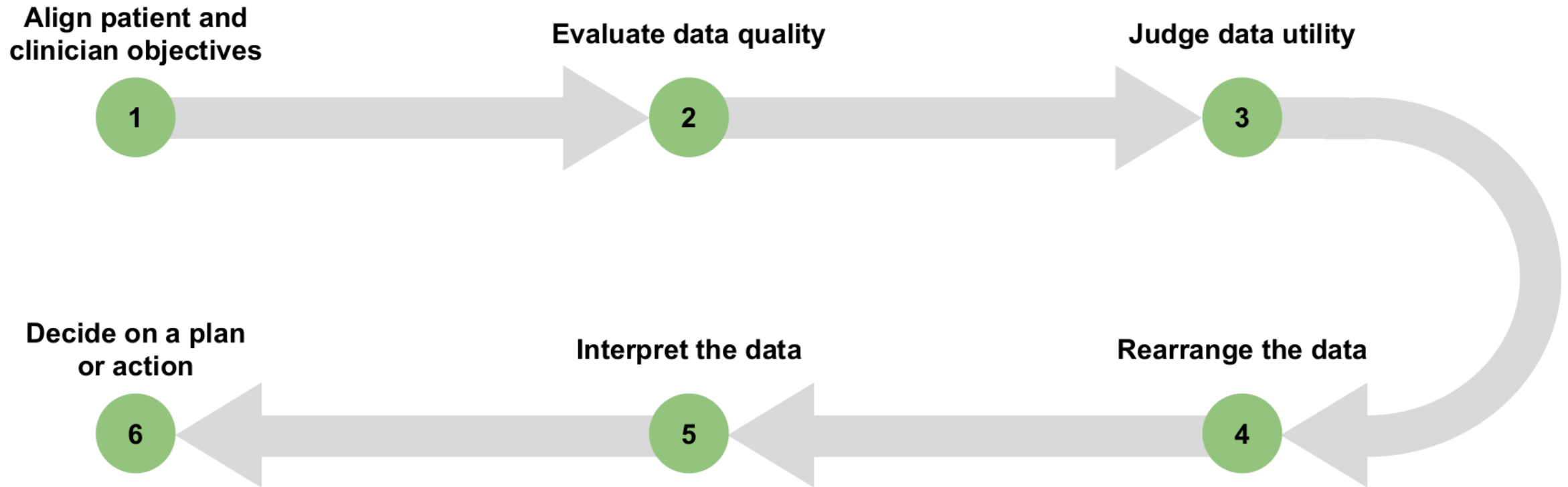
13 clinicians of different roles.

Experiences with patient's bringing in their own data.

What they think the future might be.

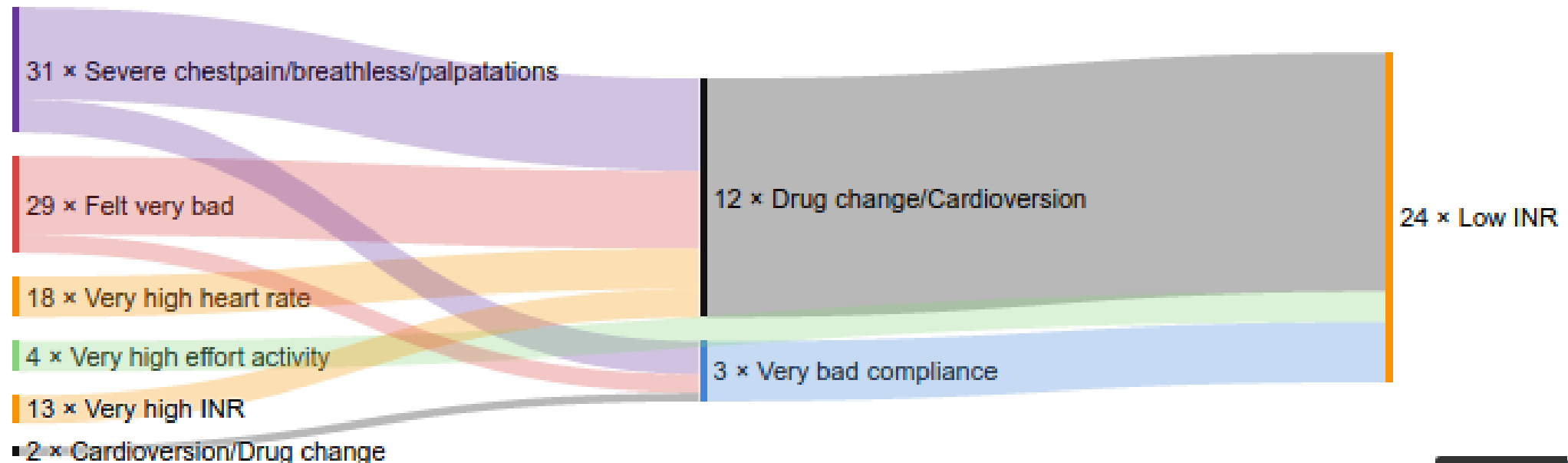
Clinical role	Participants
Cardiologist	P1, P2, P3, P4
Mental health specialist	P5, P6
Emergency doctor	P7
Junior surgeon	P8
Hospital doctor	P9
General practitioner	P10
Heart failure nurse	P11
Oncology nurse	P12
Audiologist	P13

How doctors use your data



Implications

Can we filter data down to only what is needed?
How are health events are related?



Thank You